

# CONRAD WEISER MIDDLE SCHOOL

Tuesday, September 8, 2015

Day 2

*“A baby is born with a need to be loved - and never outgrows it.” [Frank A. Clark](#)*

## Today's Lunch Menu:

**Entrée** (select one): Shepherd's Pie w/Roll; Gordito; Italian Hoagie

**Sides:** Sweet Corn & Peas; Cinnamon Spiced Apple Slices; Fresh Fruit

**Milk** (may select one)

Also available every day: 100% juice; Yogurt; PB&J sandwich; Salad Bar Meal w/Breadstick

## ~NEWS~

Homework Club will begin today in Library from 2:50 to 3:50. If you attend, you **MUST** stay until 3:50. Have a plan to be picked up by 4:00.

## ~Clubs & Activities~

**5<sup>th</sup> and 6<sup>th</sup> graders - we need you!!** Up Tempo Youth Running Club is coming to the middle school. Up Tempo will provide you with a fun and healthy atmosphere to increase physical fitness, build character and encourage teamwork and community.

Meetings will be Mondays & Wednesdays 3:00 pm – 4:30ish from September 16<sup>th</sup> – October 28<sup>th</sup> (that's 13 practices).

**First meeting: Thursday, September 10<sup>th</sup> at 7:00 – 8:00 pm in the LGI.**

*Are you interested in helping your home, school, and community? And interested in learning about Agriculture and having lots of fun while doing so? Then you should join the MS FFA! Some of our activities and meetings will begin at 2pm while some will meet after school. If you are unable to attend a meeting or activity, don't worry, we will keep you posted with our newsletters and social media. So, pick up a form in the main office or with Mrs. Meredith in F-3 and return it with your information by September 9<sup>th</sup> to be a part of our awesome club!*

## ~Music~

# ~Sports~

## Sports This Week: September 8 - 11

Date	Time	Sport	Location	Opponent	Dismiss	Depart
9/8/15	4:00	Coed JH Cross Country	Away	Wilson – Cacoosing Meadows	2:05	2:20
9/9/15	4:00	Girls JH Field Hockey	Home	Wyomissing		
9/10/15	3:45	Boys JH Soccer	Away	Twin Valley	2:15	2:30
9/10/15	3:45	Girls JH Soccer	Home	Twin Valley		
9/10/15	4:00	Boys JH Football	Home	Wilson Southern		